



NIKKI ROBINSON

The Physiotherapist
with
'magichands'
Myofascial Release
specialist

Multi award-winning specialist
Physiotherapist and Entrepreneur.

Founder of world class specialist
treatment centre, **Holisticare**,
where expert therapists treat the
cause of painful symptoms.

Contact:

Tel: +44 1279 718331

Email: nikki@holisticare.co.uk

Website: www.holisticare.co.uk

Holisticare,

Brook View, Town Farm,

Hatfield Broad Oak

Hertfordshire CM22 7LF

Social media:

Twitter: [@holisticare1](https://twitter.com/holisticare1)

Facebook: [/holisticareMFR](https://www.facebook.com/holisticareMFR)

ABOUT

Nikki Robinson is founder of Holisticare, a physiotherapy practice that specialises in Myofascial Release (MFR).

MFR is a gentle, hands on treatment that releases the connective tissue that links every cell in your body.

Patients travel across the world for the intensive treatment programmes which give transformational and long lasting results.

With over 14m people living with pain in the UK and over 31 million working days being lost in 2016 due to back, neck and muscle problems, Holisticare changes the lives of people who think they can't be helped having tried the traditional medical treatments.

AVAILABLE FOR COMMENT, TALKS, LIVE ON AIR TREATMENTS AND WORKSHOPS ON:

- Chronic pain management
- Women's health issues - breaking the taboo
- How to avoid joint replacements
- Is your posture affecting your business?
- Physical effects of mental health issues
- How to work with your body instead of fighting it

QUALIFICATIONS:

- Graduate Diploma Physiotherapy: Queen Elizabeth School Physiotherapy, Birmingham 1990 - 1993
- Member of the Chartered Society of Physiotherapy (MCSP)
- Registered with the Health and Care Professions Council (HCPC)
- Trained in Myofascial Release in the UK and USA

CONDITIONS TREATED INCLUDE:

- Back and neck pain
- Sports injuries
- Breathing problems
- Fibromyalgia, ME
- Plantar fasciitis, tendonitis
- Migraines
- Pregnancy related conditions
- Chronic pain
- Pelvic pain - women and men
- Incontinence

AWARDS:

- Best Business Women Health and Wellness Award 2016
- Uttlesford Business Awards Judges' Award 2017

TESTIMONIAL:

"Nikki seems to read your body and mind and always goes to the part of your body that needs her without any need for direction from me!"